

Gateway to your Financial Goals

Weekly Outlook: 14th Dec — 20th Dec 2025



BEARTRAP...?

NIFTY OUTLOOK



Nifty has delivered a strong weekly signal by sweeping the prior three weeks' lows and forming a classic hammer candle, indicating aggressive absorption of supply at lower levels. The long lower shadow reflects bears losing control, while the close near the top confirms short positions are now vulnerable. The hammer high aligns with a key resistance cluster near 26200, and any decisive move above this zone is likely to trigger heavy short covering. This could fuel a swift swing upside toward 26345 initially and extend toward 26450 thereafter. Importantly, moving averages continue to act as a reliable launchpad, preserving the broader bullish structure. Weekly momentum oscillators have cooled off after four weeks of volatility, leaving ample headroom for upside before becoming stretched. Adding to the constructive setup, FII index futures shorts remain elevated above five lakh contracts, historically a precursor to sharp rallies once covering begins. Overall, downside appears limited while upside risk for shorts is rising.

Support: 25950, 25800 Resistance: 26200, 26450

Strategy: Buy on dips 26000-25950 range with stop below 25940 for an immediate target of 26200-26350 zone.



BANK NIFTY OUTLOOK



Bank Nifty ended the week with a bullish hammer on the weekly chart, decisively sweeping the previous week's lows. This price action signals strong rejection of lower levels and confirms that shorts added below last week's low are now trapped, giving bulls a tactical edge. The close in the upper half of the weekly range reinforces demand dominance. On the daily chart, the index has started stabilising back above key short-term moving averages, while weekly momentum indicators are turning up from deeply oversold territory. The earlier decline has already absorbed selling pressure, and with FIIs carrying extreme index net shorts, downside risk appears limited. Immediate resistance lies in the 59600–59800 zone; a sustained breakout here could unleash sharp short covering, potentially driving the index toward the 60900–61500 supply band. On declines, the 58800–58500 zone acts as a strong accumulation cushion, backed by structural support and sentiment extremes favouring an upside reversal.

Support: 58800-58500, 58500

Resistance: 59600-59800, 60900-61500

Strategy: Buy on dips to 58800 for an immediate upside of 59600-59800 and above that if breaks out then hold for 60900-61500 zone with immediate stop below 58500.





POWER PLAY STOCK PICKS FOR THE WEEK





ADANI ENERGY SOLUTIONS LTD



Energy Solutions



Adani Energy Solutions has delivered a decisive breakout from a 126-day cup and handle, followed by a constructive 30-day base-on-base that held firmly on rising daily and weekly moving averages. This consolidation acted as trend continuation rather than exhaustion. The current weekly candle signals a preemptive breakout, while the daily chart confirms strength with a clean breach of the falling trendline near 1008. Volume behavior remains supportive, reflecting sustained institutional participation. The structure now offers a favorable risk—reward setup, with momentum pointing toward 1098 initially and an extension toward 1126 if follow-through sustains. Any dip toward rising averages should attract demand, keeping the broader trend firmly bullish.

Strategy: Buy CMP: 1010 Stop Loss: 970 Target 1098-1126



IDFC FIRST BANK LTD





IDFC First Bank has built a strong continuation structure after breaking out of a 262-day cup and handle at 78. Over the past 60 days, the stock has formed a clear base-on-base pattern with a pivot neckline at 83, signaling consolidation after strength rather than exhaustion. Moving averages have caught up, with price comfortably resting on rising short - and medium-term EMAs, reinforcing trend health. Weekly momentum indicators have cooled off constructively, creating room for the next leg higher. A decisive breakout above 83 would confirm renewed participation and open a measured upside toward the 105–110 zone. Risk remains defined as long as the stock holds above its rising base.

Strategy: Buy Cmp: 82.3 Stoploss: 78 Target 110



RATNAVEER PRECISION ENGINEERING LTD





Ratnaveer has been coiling into a tightening triangle since May 2025, reflecting sustained compression and energy build-up. The recent selloff attempt on heavy volume failed to break the triangle base, signaling seller exhaustion and desperate distribution getting absorbed. This failed breakdown sharpens the bullish risk—reward. A decisive breakout above 163.5 would likely force aggressive short covering and fresh momentum buying, opening an immediate upside toward the 195 to 200 zone. Volume behavior supports accumulation rather than distribution. The setup remains constructive as long as price holds above the 148–150 support band, which acts as the clear invalidation level. Until then, the structure favors an expansion-led move higher once resistance gives way.

Strategy: Buy CMP: 159 Stoploss: 154 Target: 195-200





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